



BRIDGE ACADEMY BREAKFAST PROGRAM

ALL STUDENTS MUST take **AT LEAST** 1/2 cup of **FRUIT** or **JUICE** and 2
OTHER ITEMS.

FRUIT ~ 1/2 cup of juice.
1/2 cup of fruit.

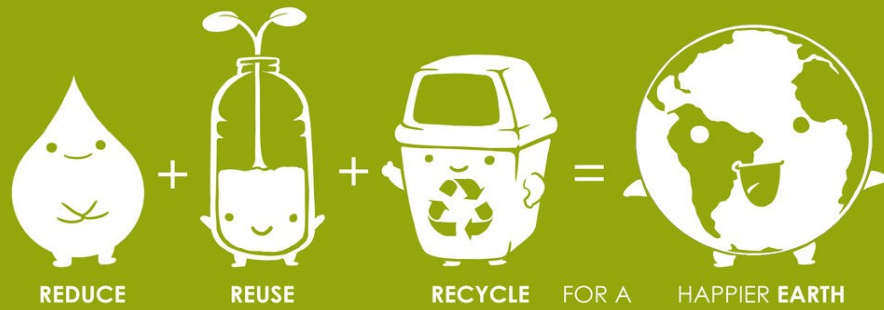
GRAINS/alternative ~ A 1oz cereal.
A 4oz yogurt.

MILK ~ 8oz 1% Milk **OR** Fat Free Flavored Milk.

If you wish, you can take one of each item offered. After you give your number, if there is an item you do not want please leave it in the designated area.

Thank you for your cooperation.  ***This institution is an equal opportunity provider.***





HIGH SCHOOL BREAKFAST PROGRAM

OFFERED: MON, WED & FRIDAYS

4oz Flavored Yogurt

4oz 100% Orange Juice / 4oz Applesauce Cup

Fat Free Flavored Milk or 1% Milk

1/2 Cup Strawberry Craisin Pouch

1oz WG Cinnamon toast crunch

1oz WG Apple cinnamon cheerios

1oz WG Frosted flakes

1oz WG Froot loops

1oz WG Golden grahams

1oz WG Cocoa Puffs

1oz WG Trix

OFFERED: TUES & THURSDAYS.

Hot Breakfast

4oz 100% Juice

4oz Applesauce Cup

1/2 Cup Peaches/Pears OR Fruit Cocktail

1/2 Cup Strawberry Craisin Pouch

Fat Free Flavored Milk or 1% Milk

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****Menu subject to change based on availability, inclement weather and/or delivery.****