

About 50 million children returned to school this week, and nearly 20 million of them are getting free lunch!

The National School Lunch Act was passed in 1946 "as a measure of national security, to safeguard the health and well-being of the Nation's children." The current law expires this month. To keep funding going, Congress must reauthorize it before September 30th.

The number of children fed through the National School Lunch Program has expanded dramatically in the last few decades. This is partly due to the growing number of children living in poverty. In 2013, 21% of kids were [living in poverty](#) compared with 15% in 2000, according to the National Center for Education Statistics.

Walk to School

The 2019 Walk to School Day is October 2. As students are in back to school mode, it's a great time to think about planning such an event for the school community.

How to Walk, Bike or Wheel to School?

- Involve students of all abilities—students who can walk, bike or use a wheel chair.
- Plan for students who ride the bus to be dropped off 1-2 blocks away from the school. The principal or a designated school official can walk/wheel students to school.
- Survey the route to school for safe walking, biking or wheeling.
- Host events on the school grounds if the route to school is unsafe or inaccessible.

September 2019

Bridge Academy High School Lunch

Monday, September 2	Tuesday, September 3	Wednesday, September 4	Thursday, September 5	Friday, September 6
LABOR DAY CLOSED	Cheeseburger/WG Bun Carrots Corn Sliced Oranges Apples Ketchup Packet Chocolate Milk Fat Free !% Milk Low Fat	Mac n Cheese WG Garden Salad Apples & Oranges Corn Muffin Craisins Chocolate Milk Fat Free !% Milk Low Fat	Pizza Quesadilla WG Salsa Garden Salad Green Beans Apples & Oranges Apple Sauce & Craisins Chocolate Milk Fat Free !% Milk Low Fat	Chicken Teriyaki Baked Beans / Corn WG Rice Mango Juice Mini Corn Muffin Apples & Oranges Chocolate Milk Fat Free !% Milk Low Fat
Monday, September 9	Tuesday, September 10	Wednesday, September 11	Thursday, September 12	Friday, September 13
Chicken Nuggets Corn/Peas & Carrots Smiley Fries Oranges Choc Chip Mini Muffin Ketchup Packet Chocolate Milk Fat Free !% Milk Low Fat	Chicken Taco WG Lettuce & Tomatoes Shredded Cheddar Cheese Garbanzo Beans Corn Apples, Oranges & Peaches Hot Sauce Packet Chocolate Milk Fat Free !% Milk Low Fat	Chicken Alfredo Pasta WG Broccoli Green Beans Cherry Slushy Cup Sliced Peaches Craisins Chocolate Milk Fat Free !% Milk Low Fat	Cheese Pizza WG Garden Salad Green Beans Apples & Oranges Craisins Apple Sauce Chocolate Milk Fat Free !% Milk Low Fat	HALF DAY NO LUNCH
Monday, September 16	Tuesday, September 17	Wednesday, September 18	Thursday, September 19	Friday, September 20
Chicken Nuggets Corn/Peas & Carrots Smiley Fries Oranges Choc Chip Mini Muffin Ketchup Packet Chocolate Milk Fat Free !% Milk Low Fat	Chicken Taco WG Lettuce & Tomatoes Shredded Cheddar Cheese Garbanzo Beans Apples & Oranges Hot Sauce Packet Chocolate Milk Fat Free !% Milk Low Fat	HALF DAY NO LUNCH OPEN HOUSE DINNER	Pizza Quesadilla WG Salsa Garden Salad Green Beans Apples & Oranges Craisins & Apple Sauce Chocolate Milk Fat Free !% Milk Low Fat	Breaded Chicken Sandwich WG Lettuce & Tomato Carrots Sliced Oranges BBQ Sauce Packet Chocolate Milk Fat Free !% Milk Low Fat
Monday, September 23	Tuesday, September 24	Wednesday, September 25	Thursday, September 26	Friday, September 27
Chicken Corn Dog WG Garden Salad Baked Beans Oranges & Apples Strawberries Chocolate Milk Fat Free !% Milk Low Fat	Chicken Teriyaki Baked Beans / Corn WG Rice Mango Juice Mini Corn Muffin Apples & Oranges Chocolate Milk Fat Free !% Milk Low Fat	Mac n Cheese WG Garden Salad Carrots Apples & Oranges Corn Muffin Craisins Chocolate Milk Fat Free !% Milk Low Fat	Cheese Pizza WG Garden Salad Green Beans Apples & Oranges Craisins Apple Sauce Chocolate Milk Fat Free !% Milk Low Fat	HALF DAY NO LUNCH
Monday, September 30				
CLOSED RASH HASHANAH				

September

- Fruit & Veggies—More Matters™ Month
- National Childhood Obesity Awareness Month

This institution is an equal opportunity provider.

** Menu subject to change based on availability, inclement weather and/or delivery. **