

December 2019

Bridge Academy Middle School Lunch



Dear Santa,
I've been good
all year.
Most of the time.
Once in a while.
Never mind,
I'll buy my own stuff.

Monday, December 2	Tuesday, December 3	Wednesday, December 4	Thursday, December 5	Friday, December 6
<i>Chicken alfredo pasta</i> <i>Broccoli</i> <i>Green Beans</i> <i>Sliced Peaches</i> <i>Applesauce Cup</i>	<i>Cheeseburger /W& Roll</i> <i>Carrots</i> <i>Corn</i> <i>Oranges</i> <i>Ketchup Packet</i>	<i>Chicken Taco</i> <i>Garbanzo Beans</i> <i>Corn</i> <i>Oranges</i> <i>Apples</i>	<i>Pizza W&</i> <i>Garden Salad</i> <i>Green Beans</i> <i>Apples</i> <i>Oranges</i>	<i>HALF DAY</i>
Monday, December 9	Tuesday, December 10	Wednesday, December 11	Thursday, December 12	Friday, December 13
<i>Chicken alfredo pasta</i> <i>Broccoli</i> <i>Green Beans</i> <i>Sliced Peaches</i> <i>Applesauce Cup</i>	<i>Chicken Taco</i> <i>Garbanzo Beans</i> <i>Corn</i> <i>Oranges</i> <i>Apples</i>	<i>Mac & Cheese W&</i> <i>Garden Salad</i> <i>Apples</i> <i>Oranges</i> <i>Applesauce Cup</i>	<i>Pizza W&</i> <i>Garden Salad</i> <i>Green Beans</i> <i>Apples</i> <i>Oranges</i>	<i>Chicken Nuggets W&</i> <i>Smiley Fries</i> <i>Applesauce Cup</i> <i>Corn, Peas & Carrots</i> <i>Ketchup Packet</i>
Monday, December 16	Tuesday, December 17	Wednesday, December 18	Thursday, December 19	Friday, December 20
<i>Chicken Sandwich W&</i> <i>Carrots</i> <i>Romain lettuce</i> <i>Sliced tomato</i> <i>Oranges</i> <i>Ketchup Packet</i>	<i>Chicken Taco</i> <i>Garbanzo Beans</i> <i>Corn</i> <i>Oranges</i> <i>Apples</i>	<i>Chicken Teriyaki</i> <i>Green Beans</i> <i>Corn</i> <i>W& Rice</i> <i>Sliced Peaches</i>	<i>Pizza W&</i> <i>Garden Salad</i> <i>Green Beans</i> <i>Apples</i> <i>Oranges</i>	<i>HALF DAY</i>
Monday, December 23	Tuesday, December 24	Wednesday, December 25	Thursday, December 26	Friday, December 27
Monday, December 30	Tuesday, December 31			

Middle School Offered:

1. Milk 8 fl oz. 1% Fat Free or Fat Free Choc
2. 1.5 oz. Meat / Meat Alternative (weekly minimum 9—10)
3. 1/2 Cup Fruit
4. 1/2 Cup of Vegetables
5. Grains 8—10 week (51% Whole Grain)

All students may refuse 2 of the above but must take ATLEAST 1/2 cup of fruit / veggie equivalent.

December

- Pear Month
- Handwashing Week (1st week in December)

This institution is an equal opportunity provider.

Menu subject to change based on freshness, delivery, inclement weather and/or availability.